

What can YOU Give?

Food Drive Item Suggestion List

Cans up to 16 oz. = 1 item

Cans above 16 oz. = 2 items

4 ramen packages = 1 item

Regular box of cereal = 3 items

Mac & Cheese, Rice-a-Roni, etc. = 1 item per 2 boxes

Pasta / rice = 1 item per 8 oz

10lb Bag of Potatoes = 4 items

Box of instant potatoes = 3 items

Condiments = 2 items each

Small Peanut Butter = 3 items

Large Peanut Butter = 4 items

Jelly under 16 oz = 2 items

Diapers per 20 diapers = 8 items

Infant formula = 5 items

- ***Think healthy***
- ***No perishable items other than potatoes***
- ***Please avoid GLASS ITEMS, they are easily broken.***
- ***We are happy with any donation but, please avoid industrial sized cans. They are impractical for families to use.***

**Thank you
Campus Ministry**