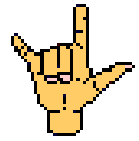




Surviving High School

Lesson #4: Teamwork, Part 2 - Labels



Introduction:

- ☐ Review what was learned in the previous lesson.
- ☐ What actions did people take to make a difference or create positive change?
- ☐ What did people notice or learn from the experience?

Discussion Questions: (For use BEFORE viewing the clip)

- ☐ What does labeling do to people? How does it affect them?
- ☐ How do labels affect you?
- ☐ What labels do you put on people?
- ☐ What are some of the labels people put on you?
- ☐ What labels do you put on yourself?

Notice:

- ☐ Do you think labels are a problem at Bishop Kelly?
- ☐ What would happen if we all stopped labeling people?
- ☐ What would people know if they really knew you on the inside?
- ☐ Do you think your opinion of other people would change if you could see past their labels?

Choose:

- ☐ How would you like to see the people around you?
- ☐ In what ways can you stop yourself from labeling others?
- ☐ What labels do you choose to let go of?

Act:

- ☐ Find a partner you do not know very well or might label as most different from you. For one minute each, take turns completing the sentence, “If you really knew me you would know....” (Complete the sentence over and over getting “real” and take the risk of letting your partner know who you really are).
- ☐ Write about your experience. Take note of anything you learn in the process and especially if anything your partner shares is surprising to you.

Home Play:

- ☐ Repeat the above process with someone outside of class and come back ready to share your experience.